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GREEN CROSS ACADEMY OF TRAUMATOLOGY

Accreditation ~ Certification ~ Deployment

Our Deployment Mission

In the event of a disaster or other emergency need, our humanitarian division - the Green Cross Assistance Program - will provide trained traumatology specialists to the needed location(s). These specialists will be made available to provide information, education, consultation, and treatment for traumatized individuals or communities that have been affected by natural or human-caused disaster.

Who Are We?

Green Cross Academy of Traumatology is an international, non-profit humanitarian assistance organization comprised of trained traumatologists and compassion fatigue service providers. We are Field Traumatologists, Certified Traumatologists, Compassion Fatigue Educators and Compassion Fatigue Therapists. We receive our training through the Green Cross Academy of Traumatology's Accredited sites, or we meet certification requirements through equivalency training and experience.

What Do We Do?

The Green Cross Assistance Program responds to requests from individuals, public and private sector agencies and organizations, and other entities following a traumatic event. A needs assessment is conducted and a program designed based on the needs assessment. A Memorandum of Understanding may be negotiated in advance to ensure the Green Cross traumatolgist cadre will respond immediately upon notification.

Services provided include any or all of the following:

- 1. *Crisis assistance and counseling* helping those in shock get back on their feet and access their natural coping methods and resources.
- 2. Assessment and referral services identifying who is recovering properly from the traumatic event, who is not, why they are not recovering and what additional or other services are needed when and by whom.
- Orientation and Consultation to Management educating management about the immediate, week-to-week, and long term consequences of traumatic events for individuals, work groups, families, and larger systems
- 4. **Training, Education, and Certification** preparing management, human resources, employee assistance professionals, and service providers with sufficient guidance and competence to first do no harm to the traumatized and to help them recover.
- 5. **Family Resource Management** designing and implementing programs for strengthening and promoting family wellness in the wake of traumatic events, with special attention to young children.
- 6. Long-term trauma counseling helping those unable to recover quickly from the trauma by providing individual and group trauma and grief counseling.

Our services are provided over varying periods of time and performed initially by members of our deployment team. Green Cross traumatologists and compassion fatigue educators are transported into the impacted area within hours after the request is made. We stay between three to six weeks or until local providers are stabilized.

How Do We Help?

The Mission of any deployment is to transform "victims" into "survivors." Immediate following a traumatic event, we assist victims in addressing five fundamental questions:

- 1. What happened to me (my family, my workplace, my neighborhood, my city, my country)? (This is characterized by shock, disbelief, disorientation, confusion)
- 2. Why did it happen to me (us)? (This is characterized by fear in addition to the above feelings.)
- 3. Why did I (we) do what I (we) did during and right after this event? (This is characterized by quilt and feelings of inadequacy in addition to all the above feelings.)
- 4. Why have I (we) acted as I (we) have since the event? (This is characterized by confusion about their own sanity, worry that they will never recover, and all the other feelings noted above.)
- 5. Will I (we) be able to cope if this event happens again?

Service Provision: Organized Assistance

Prior to and throughout the deployment, the Green Cross works with the host or client to clarify the mission of the deployment and specify measurable and attainable goals. Typically the services provided are provided in waves.

Wave I: Crisis stabilization, contacting local Green Cross members to establish a chapter for continuity of care

Wave II: Stress management, social support, orientation of management

Wave III: All of the above plus training, assessment and referral, and family resource development.

Wave IV: All of the above reactions plus grief and loss consultation and counseling.

In addition to providing direct services, the Green Cross works with local providers to provide continuity of care.

For more information about *Green Cross Academy of Traumatology*, visit our website: www.greencross.org or write to us: GreenCrossHQ@earthlink.net.

If you'd like to talk with one of us, please call our toll-free number in the US: 888-395-6152 or call our local number: 850-656-7158.